

# Dr Sara Bentwood

Psychologist

## Consent Form Psychological Service

As part of providing a psychological service to you, Psychologist Dr Sara Bentwood needs to collect and record personal information from you that is relevant to your situation, such as your name, contact information, medical history and other relevant information as part of providing psychological services to you.

This collection of personal information will be a necessary part of the psychological assessment and treatment that is conducted.

### **Purpose of collecting and holding information**

Your personal information is gathered as part of your assessment and treatment, it is kept securely and, in the interests of your privacy, used only by your psychologist and the authorised personnel of the practice (as necessary). Your personal information is retained in order to document what happens during sessions, and enables the psychologist to provide a relevant and informed psychological service to you.

### **Consequence of not providing personal information**

If you do not wish for your personal information to be collected in a way anticipated by this letter, Psychologist Dr Sara Bentwood may not be in a position to provide the psychological service to you. You may request to be anonymous or to use a pseudonym, unless it is impracticable for Psychologist Dr Sara Bentwood to deal with you or if Psychologist Dr Sara Bentwood is required or authorised by law to deal with identified individuals. In most cases it will not be possible for you to be anonymous or to use a pseudonym, however if the Psychologist Dr Sara Bentwood agrees to you being anonymous or using a pseudonym, you must pay consultation fees at the time of the appointment.

### **Access to client information**

At any stage you are entitled to access your personal information kept on file, subject to exceptions in the relevant legislation. The psychologist may discuss with you different possible forms of access.

### **Disclosure of personal information**

All personal information gathered by the psychologist during the provision of the psychological service will remain confidential except when:

1. it is subpoenaed by a court; or
2. failure to disclose the information would in the

reasonable belief of the Psychologist Dr Sara Bentwood place you or another person at serious risk to life, health or safety; or 3. your prior approval has been obtained to

a) provide a written report to another professional or agency, e.g., a GP, your referring doctor or a lawyer; or

b) discuss the material with another person, eg. a parent, employer or health provider; or

c) disclose the information in another way; or

4. you would reasonably expect your personal information to be disclosed to another professional or agency (e.g. your GP) and disclosure of your personal information to that third party is for a purpose which is directly related to the primary purpose for which your personal information was collected; or

5. disclosure is otherwise required or authorised by law.

Your personal information is not disclosed to overseas recipients, unless you consent or such disclosure is otherwise required by law. Your personal information will not be used, sold, rented or disclosed for any other purpose.

### **Fees**

The cost of a consultation is £120 for 50 minutes and is payable at the end of the session by cash or direct deposit.

If payment is covered by a third party payer, then please provide all relevant information prior to your first session and contact Psychologist Dr Sara Bentwood.

### **Cancellation Policy**

If, for some reason you need to cancel or postpone your appointment, please give the psychologist at least 24 hours notice, otherwise you will be charged the cost for the session.

I, (*print your name in Block Capitals*) \_\_\_\_\_, have read and understood this Consent Form. I agree to the above conditions for the psychological service provided by Psychologist Dr Sara Bentwood.

Signature

### ***Please note:***

Date        /        /

*If, after reading this form you are at all unclear about any of the information provided, please discuss this with the psychologist Dr Sara Bentwood prior to your appointment.*